

| TG = Trainingsgruppen | | | | LG = Leistungsgruppe | | | | ab 09/2018 | | | |
|-----------------------|-----------------|----|---------|---------------------------|----------------|----|-------|----------------------|--------------|----|---------|
| LG 1 Jg. 09-01 | | | | TG 2 Jg. 05-00 | | | | TG 3 Jg. 08-06 | | | |
| Verantw.-ÜL: Ricardo | | | | Verantw.-ÜL: Olaf & Netti | | | | Verantw.-ÜL: Steffen | | | |
| Montag | 17.45-19.00 | W | Ricardo | Montag | 16.45-18.00 | W | Olaf | Montag | 15.45-17.00 | W | Steffen |
| Mittwoch | 15.45-17.00 | A | Ricardo | | | | | | | | |
| | 16.45-18.00 | W | Ricardo | | | | | | | | |
| Donnerstag | 17.45-19.00 | W | Ricardo | Donnerstag | 16.45-18.00 | W | Netti | Donnerstag | 15.45-17.00 | W | Steffen |
| Freitag | 16.45-18.00 | W | Ricardo | | | | | | | | |
| | 17.45-19.00 | W | Ricardo | | | | | | | | |
| Altenburg | Lea | 03 | A | Albrecht | Benedict | 00 | A | Dierks | Louis | 07 | A |
| Barfuß | Marie Elisabeth | 04 | A | Finschow | Yannic | 03 | NA | Finschow | Stella | 06 | NA |
| Brauer | Jill | 03 | A | Foge | Carla | 02 | A | Lewandowsky | Jan-Ole | 06 | A |
| Frahm | August | 06 | A | Gleiniger | Mathis | 04 | A | Milz | Maya Lucy | 07 | A |
| Fürstenberg | Lea | 04 | A | Hanisch | Marvin | 03 | A | Müller | Charlotte | 08 | A |
| Golz | Sarah Michelle | 01 | A | Heider | Vincent Luca | 02 | A | Riegner | Ole | 07 | A |
| Hamann | Paul | 09 | A | Hilscher | Henning | 05 | A | Runge | Lilly Emilie | 07 | A |
| Hamel | Marlon | 05 | A | Lösch | Antonia Leonie | 04 | A | Sänger | Eik | 07 | NA |
| Nadolny | Lennis | 08 | A | Lüdtke | Nina | 02 | A | Schütte | OleLuca | 07 | A |
| Natsulas | Samira | 06 | A | Müller | Nils | 98 | NA | Stütz | Edgar | 05 | NA |
| Schöne | Jannis | 02 | A | Steinke | Paul | 02 | A | Wilke | Arne | 08 | NA |
| Stolz | Jannis | 03 | A | Stelzer | Carl | 04 | A | Wilke | Eric | 06 | NA |
| Stolz | Robin | 01 | A | Wind | Jonas | 01 | A | | | | |
| Völzer | Klara | 02 | A | Zinner | Moritz | 05 | NA | | | | |
| Wolf | Caren | 03 | A | | | | | | | | |
| Wolf | Carlo | 02 | A | | | | | | | | |
| Zoll | Kim | 05 | A | | | | | | | | |
| 17 x A | | | | 11 x A | | | | 7 x A | | | |

| TG 4 Jg. 08-05 | | | | TG 5 Jg. 12-08 | | | | TG 6 Jg. 11-08 | | | |
|----------------------|-------------|----|---------------|----------------------|--------------|----|--------------------|----------------------|---------------|----|--------------|
| Verantw.-ÜL: Mareike | | | | Verantw.-ÜL: Ricardo | | | | Verantw.-ÜL: Mareike | | | |
| Montag | 16.45-18.00 | W | Mareike | Montag | 14.45-16.00 | W | Ricardo & Sarah M. | | | | |
| Mittwoch | 14.45-16.00 | A | Ricardo | Mittwoch | 14.45-16.00 | A | Ricardo | | | | |
| | 15.45-17.00 | W | Shanna // Tom | Mittwoch | 15.45-17.00 | W | Shanna // Tom | | | | |
| Donnerstag | 16.45-18.00 | W | Sarah M. | Donnerstag | 14.45-16.00 | W | Ricardo & Sarah | Freitag | 15.45-17.00 | W | Shanna & Lea |
| Eggert | Julia | 07 | A | Baars | Richard-Hugo | 09 | NA | Berneck | Paul | 11 | A |
| Frahm | Ida | 08 | A | Glade | Finn Lucas | 08 | A | Böttcher | Marc | 10 | A |
| Nesterenko | Platon | 05 | A | Göring | Tony | 10 | A | Brückner | Liana | 10 | A |
| Rewald | Annalena | 07 | A | Hamel | Serafin | 10 | A | Enge | Luisa | 10 | NA |
| Runde | Albert | 07 | A | Henning | Marc-Marice | 08 | NA | Havemann | Hedy | 10 | A |
| Schmidt | Joey Rudi | 08 | A | Jin | Erwin | 12 | A | Müller | Mareili | 10 | NA |
| Stelzer | Wilhelm | 07 | A | Klan | Oskar | 09 | NA | Neumann | Eni | 10 | NA |
| Viereck | Max | 06 | NA | Nündel | Yannik | 10 | A | Neumann | Mia | 10 | NA |
| | | | | Pokern | Felix | 09 | A | Philipowitz | Franzi | 08 | A |
| | | | | Schäfer | Hanna Marie | 12 | A | Schmidke | Tim-Logan | 08 | A |
| | | | | Schäfer | Merle | 10 | A | Winterfeld | Josephin Else | 07 | A |
| | | | | Viereck | Hannes | 09 | NA | | | | |
| | | | | Weber | Darius Dean | 09 | A | | | | |
| | | | | Zinner | Konstantin | 09 | NA | | | | |
| 7 x A | | | | 9 x A | | | | 7 x A | | | |

| TG 7 Jg. 09-12 | | | | TG 8 (Neu) Jg. 12-13 | | | | Master Jg. alt-sehr alt | | | |
|--------------------------|-------------|----|---------------------|----------------------|-------------|---|---------|-------------------------|-------------|---|-------|
| Verantw.-ÜL: Sarah Blume | | | | Verantw.-ÜL: Mareike | | | | Verantw.-ÜL: Netti | | | |
| Montag | 15.45-17.00 | W | Sarah Blume | | | | | Montag | 19.45-21.00 | W | Netti |
| Donnerstag | 15.45-17.00 | W | Sarah B. + Sarah M. | Freitag | 15.45-17.00 | W | Mareike | | (2 Bahnen) | | |
| El-Jalil | Yassin | 10 | A | | | | | Freitag | 17.45-19.00 | W | Netti |
| Hilgenfeld | Marie | 12 | A | | | | | | | | |
| Holst | Leander | 12 | A | | | | | | | | |
| Holzmann | Hendrik | 11 | A | | | | | | | | |
| Koch | Leocadia | 12 | A | | | | | | | | |
| Primann | Hannes | 9 | A | | | | | | | | |
| Schild | Tim Angelo | 12 | A | | | | | | | | |
| Schilde | Ben Elias | 12 | A | | | | | | | | |
| Schütte | Adrian | 11 | A | | | | | | | | |
| Seehaus | Malte | 12 | A | | | | | | | | |
| Siegmann | Emil | 12 | A | | | | | | | | |
| Wolter | Jason | 10 | A | | | | | | | | |
| Zemelka | Enna | 11 | A | | | | | | | | |
| 13 x A | | | | | | | | | | | |